Neonatal Kerion Celsi: Report of Three Cases

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Abstract: Tinea capitis is a fungal infection caused by dermatophytes, frequent in children but uncommon in the neonatal period. Kerion Celsi is the inflammatory manifestation of tinea capitis secondary to host immunologic responses and its occurrence in newborns is extremely infrequent. We describe three neonates with the diagnosis of kerion Celsi. The isolated dermatophytes were Trichophyton mentagrophytes var. mentagrophytes in two patients and Trichophyton rubrum in the third. Both patients with T. mentagrophytes referred an indirect contact with rabbits and were successfully treated with systemic antifungal (griseofulvin and fluconazole). The patient with T. rubrum had a father with a tinea manuum and both received just topical antimycotic treatment.

CASE REPORT

Case 1

A 55-day-old boy, apparently healthy, presented with a well demarcated round-shaped hairless and boggy plaque on the scalp that was painful to palpation. Clinical manifestations began on the second week of life. Mycological studies (direct examination of hairs in potassium hydroxide—KOH—and culture) were performed and T. mentagrophytes var. mentagrophytes was isolated. Treatment was started with oral griseofulvin 20 mg/kg/day. After 45 days of treatment, his scalp was clinically cured. His father worked as a rabbit breeder and related that some rabbits had patchy hair loss on the ears; thus, he was the presumed source of infection.

Case 2

A 20-day-old girl, seemingly healthy, appeared with a 1-week history of an erythematous, pustular and crusting lesion on scalp (Fig. 1). At the time of examination her father presented an erythematous, desquamative and ill-defined plaque on his left hand. Mycological studies (direct examination of hairs in KOH and culture) were
performed in the baby and her father and *T. rubrum* was isolated in both cases. Treatment with topical imidazole was initiated for both of them, with complete clinical recovery within 2 months of initiation.

**Case 3**

A 4-week-old boy, apparently healthy, presented with 1-week history of an erythematous plaque covered by several pustules on scalp. Physical examination revealed pus oozing from hair follicles. Clinical diagnosis of KC was made (Fig. 2). On mycological studies (direct examination of hairs in KOH and culture) *T. mentagrophytes var. mentagrophytes* was isolated and treatment with oral fluconazole 5 mg/kg/day was started. Four weeks of treatment resulted in complete resolution of the scalp lesion. Investigation of environmental conditions revealed the presence of a rabbit as a domestic pet in the patient’s house. Parents denied direct contact of the baby with the animal.

**DISCUSSION**

Tinea capitis is a fungal infection caused by dermatophytes, frequent in children but uncommon in the neonatal period. KC is a markedly inflammatory manifestation of TC secondary to a vigorous host immune response, and its occurrence in newborns is extremely infrequent. The rare presentation of KC in neonates is probably explained by the immaturity of their immunologic system and also because dermatophytes require an incubation period of 1 to 3 weeks to produce clinical manifestations (6). Nevertheless, in some experimental studies it was demonstrated that *T. rubrum* could be reproduced in 5 days under occlusion and *T. mentagrophytes* in a shorter time (7,8). In our pediatric dermatology section, only three cases of neonatal KC that manifested around the second week of life have been seen in the last 10 years.

Kerion Celsi is caused most often by zoophilic dermatophytes (*Microsporum canis* and *T. mentagrophytes*), but also by anthropophilic (*T. rubrum*) and rarely by geophilic (*Microsporum gypseum*) species. In Argentina, the most frequent isolated agent is *M. canis*, which is transmitted by dogs and cats. As rabbits have become domestic pets, the frequency of *T. mentagrophytes var. mentagrophytes* has increased, with higher presentation of inflammatory lesions (5). In accordance with this is the fact that two of our three neonatal KC were produced by *T. mentagrophytes var. mentagrophytes* and that rabbits were observed in both patient’s environment.

The main source of the fungi responsible for KC is from humans or animals, though dermatophytes may spread via fomites (hairbrushes, combs, hats, and contaminated grooming instruments) (6). In newborns, inter-human spread is the most common mode of transmission of anthropophilic dermatophytes, but has also been considered when zoophilic species are involved. In both cases 1 and 3, the zoophilic dermatophyte involved was indirectly transmitted by humans who had close contact with the babies.

Kerion Celsi clinically presents as a boggy plaque with alopecia, pustules and often, purulent drainage from its surface. It is usually solitary but multiple lesions may be found. Reactive lymphadenopathy, especially cervical or suboccipital, is a very common associated feature. All the newborns presented herein had unique lesions with the typical clinical aspect of KC and absence of lymphadenopathies.

Confirmation of KC diagnosis is desirable, and the gold standard diagnostic method is fungal culture (9). This was performed in all our patients.

The principal differential diagnoses of KC include impetigo and bacterial or sterile folliculitis or abscesses.
Despite the fact that it is very uncommon in newborns, KC should be considered within differential diagnosis of neonatal scalp inflammatory lesions. Careful examination of people in close contact with infants as well as pets may help in the clinical suspicion.

Systemic treatment is the first election for TC and KC. Griseofulvin is the drug of choice at doses of 20 mg/kg/day for 6 to 12 weeks. Other options are terbinafine, fluconazole, and itraconazole (10–13). Topical therapy may be tried in newborns and a favorable response may be explained because in the neonatal period a higher percentage of hairs are in telogen phase, and dermatophytes mainly affect the hairs in anagen phase (10,14). We had a good clinical response with systemic treatment in cases 1 and 3 and with topical therapy in the case 2. However, each patient must be evaluated carefully to decide the best individual therapy.

We report on three neonatal cases of KC and emphasize that although rare, a high index of suspicion is crucial when facing inflammatory scalp lesions in newborns, to establish an early diagnosis and initiate an appropriate treatment.

REFERENCES